



THSWPA

Region VI, 1A/2A & 3ADII

Powerlifting Championships

Date: Saturday, March 7, 2026 1A/2A (AM)
Saturday, March 7, 2026 3ADII (PM)

Place: Bells High School Gym
1500 Ole Ambrose Road
Bells, TX 75414

Fee: \$50 per lifter. Please bring your check with you. MAKE CHECKS PAYABLE TO BELLS ISD

Who Qualifies: Top 12 lifters per weight class per UIL classification.

Items needed at weigh-ins:

1. Entry Fee
2. Eligibility list signed by principal or superintendent
3. Regional and State Release
4. Drug Testing Affidavit
5. Scholarship applications, if you have any

Last Qualifying Date: Saturday, February 21st (Results must be submitted by **midnight** on the 21st)

Declaration of weight class/Unequipped: Monday, February 23 at 4 PM. Lifters with the top **twelve** qualifying totals as well as alternates must declare by this time or they will be assigned to the heavier weight class. Coaches become responsible for their lifter(s) entry fee at this time. Let me know ASAP if you have a qualified lifter that can't compete.

Weight declarations/Unequipped must be submitted to me through email.
colton.henderson@bellsisd.net

Alternate Lifters: Coaches are encouraged to bring lifters in the top 15 to the regional meet in case there are no-shows or lifters who don't make weight.

No Shows: Your school will be billed for athletes who qualify for the meet and do not compete. I need to know by weight declaration if a lifter will not be lifting.

Admission: \$5.00 Adult, \$3.00 Student (Children under 5 are free) All tickets will be purchased, with cash, at the door.

Meal Tickets: Our booster club will provide meal tickets for \$8 a piece, this would include: Breakfast- two tacos, banana, oj/water; or Lunch/Dinner- hamburger or 2 hotdogs, chips and a drink. If you would like to purchase these please let me know ahead of time. For meal tickets, please make the check out to: **BELLS ATHLETIC BOOSTER CLUB**

Hopefully I have covered everything that you will need. If you have any questions please do not hesitate to contact me.

Colt Henderson
Cell - (940) 284-0453 Call or Text
colton.henderson@bellsisd.net



Meet Schedule

Friday, March 6th

3AD2 Early Weigh In: 4:00 PM - 6:00 PM
1A/2A Early Weigh In: 5:00 PM - 7:00 PM

Saturday, March 7th

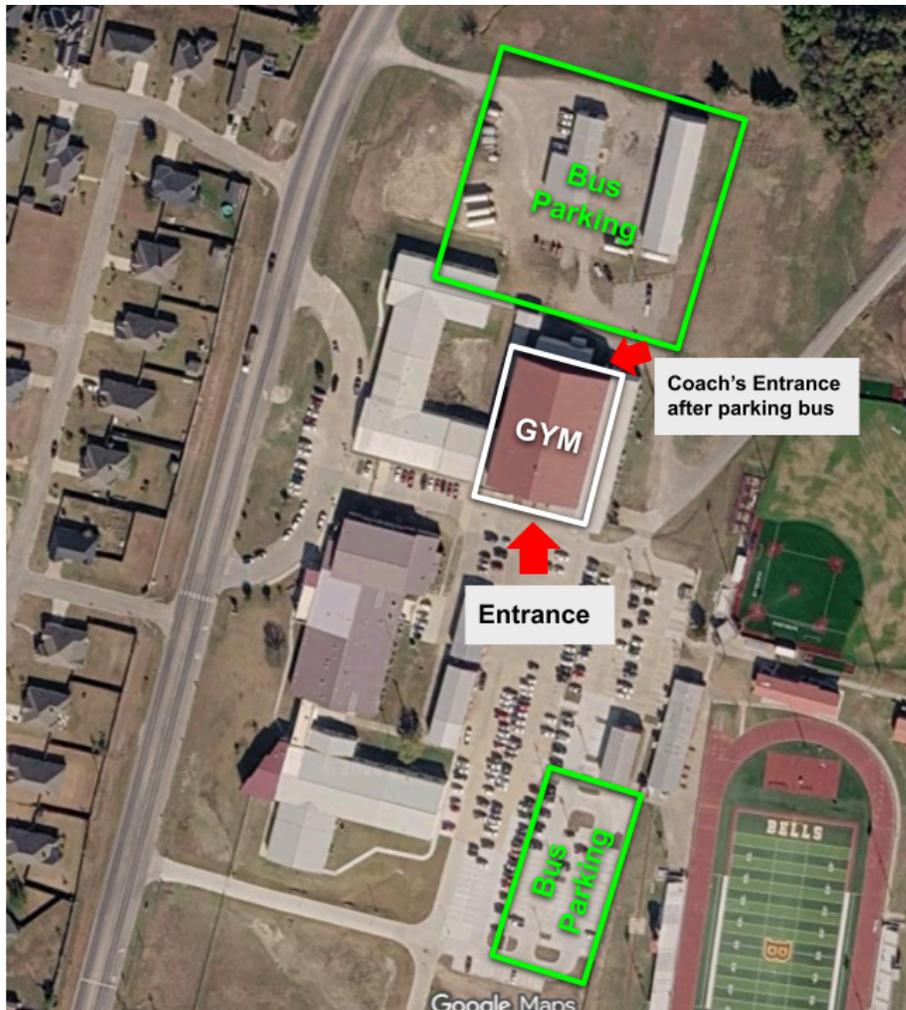
1A/2A Weigh In: 6:30 AM - 8:00 AM
 Judges Meeting: 8:00 AM
 Coaches Meeting: 8:15 AM
 National Anthem & Bars Loaded: 8:30 AM

Saturday, March 7th

3AD2 Weigh In: 12:00 PM - 1:30 PM
 Judges Meeting: 1:30 PM
 Coaches Meeting: 1:45 PM
 National Anthem & Bars Loaded: 2:00 PM

Saturday Platforms	1	2	3	4
1A/2A	105, 132, 220	97, 123, 181, 242+	148, 198, 242	114, 165
3AD2	97, 114, 198, 242	123, 165	148, 181	105, 132, 220, 242+

*Platform assignments are subject to change if we have a drastic change in the number of lifters in the smaller and larger weight classes.





PANTHER CONCESSIONS

Foods

Breakfast Taco	\$3
Nachos	\$3
Hot Dog	\$2
Hamburger	\$5
Boujee Box	\$8
Pretzel	\$3
chips	\$2
candy	\$2
Smoothie Bar	\$6
Honey Shot	\$1
Ice cream	\$3

Drinks

soda	\$2
Sweet Tea	\$2
Gatorade	\$3
water	\$2
Juice	\$2

Specials

Breakfast Meal Deal	\$8
2 Tacos, banana, & juice	
Lunch Meal Deal	\$8
Hamburger, chips, & drink	
2 Hot Dogs, chips, & drink	