

# 2022 THSWPA

## Region 6 Division 3 Letter

Coaches,

My e-mail address is [msewell@chicoisdtx.net](mailto:msewell@chicoisdtx.net) if you have not gotten an e-mail from me in the past please send me a message so I can add you to my contact list.

Here is some other information that might be helpful:

Work Phone: (940)644-5550 ext. 3600

Fax Number: (940) 644-5876

Meets must be certified through me via the Girls website if a girls only meet. If it is a co-ed meet it can be registered on either site just click that it is a co-ed meet. Results need to be emailed to me by 4:00 p.m. on the Monday following your meet. **Remember any meet not certified through website, the results will be Null and void.**

**Results:** We will only use the PowerScore system for the rankings again this year. This is a free download and is a very easy system to use at the meets. All meets must use this form and send it to me in this format. Results sent to me in any other format **WILL NOT** be included in the rankings.

**Dues:** Boys and Girls dues are sent to different places so please inform your business department accordingly. State dues are \$75.00 and must be post marked by February 1, 2022. Late dues will be \$200.00 and will only be accepted until February 14, 2022. Any dues postmarked past that date will be returned and your lifters will be disqualified from the Regional meet. Please make sure your business department is also aware of this deadline. Complete the registration form and send it along with payment to:

**THSWPA  
PO Box 3021  
Brownsville, Texas 78523**

**Last Meet:** The last qualifying date will be Saturday, February 19, 2022. All judges **MUST** be certified for a last qualifying meet. All results from the last qualifying date must be sent to me by midnight, February 19, 2022. **Weight class declarations must be made by 4:00 p.m. on Monday, February 21, 2022.** If I do not hear from you and you have a lifter who is in the top 12 in two weight classes she will be placed in the heavier weight class.

**Regional Meet:** Division 3 (1A, 2A, and 3A) meet Saturday, March 5th. The entry fee this year will be \$35 per lifter. Tickets at the door are \$5. We will send out more details as the meet gets closer. **This Subject to Change due to Covid 19 regulations.**

**State Meet:** The state meet will be in Corpus Christi on March 16<sup>th</sup>-19<sup>th</sup>, 2022. **This is subject to change due to covid 19 and more info will be sent out.**

	AM	PM
Wed. 3/16	6A	1A/2A
Thu. 3/17	3A-II	3A-II
Fri. 3/18	4A-II	4A-I
Sat. 3/19	5A-II	5A-I

## **Rule Clarifications:**

The UPDATED Rule book is not yet posted on the site.

All Changes will be Highlighted in yellow. One major requirement this year: **At least one coach on powerlifting staff must be certified judge on the girls rulebook. You can take both tests from the boys website.**

## **Qualifying for Regional and State Competition:**

The top 12 lifters from each division will qualify for Regional competition. There are three ways to qualify for Regionals: be in the top 12 of your weight class for your division, reach your weight class's automatic total or be the one of the top 2 lifters from your UIL classification.

There are three ways to qualify for State: place in the top two at Regional competition, reach your weight class' automatic total at the Regional meet, or be the one of the top 2 lifters in your UIL classification at the Regional meet.

Finally, Coaches, **Please** have your kids sign up for the scholarships. This year each region will give 5 \$1000 Scholarships per region. Very important that the scholarship packet is complete or it will not even be considered (all letters, application and transcript.)

Good Luck to you all and I hope to see you around at the meets.

If any rules questions or general concerns please Call or email me. (940)644-5550 ext. 3600 or [msewell@chicoisdtx.net](mailto:msewell@chicoisdtx.net)

Monte Sewell  
THSWPA President  
Region 6 Div. 3 Director  
Chico ISD