

THSWPA

Region 3 Division 2&3 2022 Letter

Coaches,

I am excited to get this season started and to work with all of you. In preparation for the upcoming season and all the challenges that come with it; could you send me an email letting me know your name, cellphone number, and school so that I can add you to my contact list. My e-mail address is kjchase@mabankisd.net and if you have any questions please fill free to email me.

Here is some other information that might be helpful:

Cell Phone: (817) 308-9695

Please let me know if you are hosting a meet this year. Results need to be emailed to me by 4:00 p.m. on the Monday following your meet. Meets must be certified through me via the Girls website if a girls only meet. If it is a co-ed meet it can be registered on either site just click that it is a co-ed meet. Results need to be emailed to me by 4:00 p.m. on the Monday following your meet. **Remember any meet not certified through website, the results will be Null and void. Please send me word if you are hosting a meet.** at least one member of the powerlifting coaching staff must be certified judge on girl's test accessible on boys website.

Results: We will only use the PowerScore system for the rankings again this year. This is a free down load and is a very easy system to use at the meets. All meets must use this form and send it to me in this format. Results sent to me in any other format **WILL NOT** be included in the rankings.

Dues: Boys and Girls dues are sent to different places so please inform your business department accordingly. State dues are \$75.00 and must be post marked by February 1, 2022. Late dues will be \$200.00 and will only be accepted until February 15, 2022. Any dues postmarked past that date will be returned and your lifters will be disqualified from the Regional meet. Please make sure your business department is also aware of this deadline. Complete the registration form and send it along with payment to:

**THSWPA
PO Box 3021
Brownsville, Texas 78523**

Last Meet: The last qualifying date will be Saturday February 19, 2022. All judges **MUST** be certified for a last qualifying meet. All results from the last qualifying date must be sent to me **by midnight, February 19, 2022.** **Weight class declarations must be made by 4:00 p.m. on**

Monday February 21, 2022. If I do not hear from you and you have a lifter who is in the top 12 in two weight classes she will be placed in the heavier weight class.

Regional Meet: The Division 2 & 3 meet will be Friday, March 4, 2022 at Mabank High School in Mabank, TX. Early weigh in will be on the 3rd and there will be more information to come as we get closer to the date. The entry fee this year will be \$35 per lifter. Tickets at the door are \$5. We will also have meals available. Meals will be \$8 an athlete just let me know by February 25th how many you and your team are going to need. *******When you make out the Checks for Regionals; you can include meals and entry fees on the same check. Please have check made to Mabank Athletics******* We will send out more details as the meet gets closer.

State Meet: The state meet will be in Corpus Christi March 17-19, 2022. More to come on this ASAP. (If there are any changes or updates I will let you know.)

Rule Clarifications:

The UPDATED Rule book is now posted on the site.

All changes will be HIGHLIGHTED in yellow

Qualifying for Regional and State Competition:

The top 12 lifters from each division will qualify for Regional competition. There are three ways to qualify for Regionals: be in the top 12 of your weight class for your division, reach your weight class's automatic total or be the one of the top 2 lifters from your UIL classification. There are three ways to qualify for State: place in the top two at Regional competition, reach your weight class' automatic total at the Regional meet, or be the one of the top 2 lifters in your UIL classification at the Regional meet.

Finally, Coaches, Please have your kids sign up for the scholarships. Again this year the THSWPA will give 5 - \$1000 Scholarships per region. Very important that the scholarship packet is complete or it will not even be considered (all letters, application and transcript.)

Good Luck to you all and I hope to see you around at the meets.

If any rules questions or general concerns please call or email me.

Kevin Chase
Regional Director-Region 3 Divisions 2 & 3
Mabank High School
Mabank, TX