**THSWPA**

**Region 2 Division 1 2021 Letter**

Coaches,

My email address is [jacob.rowe@elginisd.net](mailto:jacob.rowe@elginisd.net) if you have not received an email from me please send me a message so I can add you to my contact list.

Phone Number

Cell Phone: (817) 681-4762

Meets must be certified through me via the Girls website if a girls only meet. If it is a co-ed meet it can be registered on either site just click that it is a co-ed meet. Results need to be emailed to me by 4:00 p.m. on the Monday following your meet. **Remember any meet not certified through the website, the results will be null and void.**

To register a meet…

1. Go to the [THSPA website](http://www.thspa.us/)
2. Click the link for meet registration
3. Fill out the form as complete as possible
   1. Must at least have the head judges name on judges list
   2. Must have schools that will be represented
4. Submit form for approval

**Results:** We will only use the PowerScore system for the rankings again this year. This is a free download and is a very easy system to use at the meets. All meets must use this form and send it to me in this format. Results sent to me in any other format **WILL NOT** be included in the rankings.

**Dues:** Boys and Girls dues are sent to different places so please inform your business department accordingly. State dues are $75.00 and must be postmarked by February 1, 2021. Late dues will be $200.00 and will only be accepted until February 15, 2021. Any dues postmarked past that date will be returned and your lifters will be disqualified from the Regional meet. Please make sure your business department is also aware of this deadline. Complete the registration form and send it along with payment to:

**THSWPA**

**PO Box 3021**

**Brownsville, Texas 78523**

**Last Meet:** The last qualifying date will be Saturday, February 20, 2021. All judges MUST be certified for a last qualifying meet. All results from the last qualifying date must be sent to me by midnight, February 20, 2021. **Weight class declarations must be made by 4:00 p.m. on Monday, February 22, 2021.** If I do not hear from you and you have a lifter who is in the top 12 in two weight classes she will be placed in the heavier weight class.

**Regional Meet**: The Region 2 Division 1 meet will be Saturday, March 6th, 2021 at the Elgin High School Gymnasium, Elgin, Tx. The entry fee this year will be $35 per lifter. Checks should be made out to, **Elgin Powerlifting Activity.** Tickets at the door are $5. We will send out more details as the meet gets closer. **(All dates, sites, and information are subject to change due to Covid 19 Restrictions.)**

**State Meet:** The state meet will be in Corpus Christi on March 19th - 20th, 2021. More details to come.

**Rule Clarifications:**

The UPDATED rule book is posted on the site.

All changes are highlighted in yellow.

**Qualifying for Regional and State Competition:**

The top 12 lifters from each division will qualify for Regional competition. There are three ways to qualify for Regionals: be in the top 12 of your weight class for your division, reach your weight class’s automatic total or be the one of the top 2 lifters from your UIL classification.

There are three ways to qualify for State: place in the top two at Regional competition, reach your weight class’ automatic total at the Regional meet, or be the one of the top 2 lifters in your UIL classification at the Regional meet.

Finally Coaches, Please have your kids sign up for the scholarships. This year each region will give 5 $1000 Scholarships per region. Very important that the scholarship packet is complete or it will not even be considered (all letters, application and transcript.)

Good Luck to you all and I hope to see you around at the meets.

If any rule questions or general concerns please call or email me (817) 681-4762 or jacob.rowe@elginisd.net

Jacob Rowe

THSWPA Director Reg 2 Div. 1

Elgin High School, Elgin, Tx.