***THSWPA Region I- Division III Meet Information 2020***

I hope this letter finds you in the preparation stage for the regional meet and I wanted to send some information to you regarding some of the specifics of the meet.

**DATE:** Friday, March 6, 2020

**PLACE:** Seagraves High School Gymnasium

**FEE:** $35 per lifter (Checks to: Seagraves ISD) You will get a receipt for the required fees. No charges allowed on lifter fees

**PAPERWORK: ELIGIBILITY FORM & REGIONAL/STATE RELEASE FORM** found on website (Steroid affidavit and eligibility form along with **Scholarship applications**) I will carry all paper work with me to the state meet.

**WEIGH IN:** Thursday: 5:00 pm - 6:30 pm

Friday: 6:00am- 7:30 am

Judges Meeting: 8:00 am

Coaches Meeting 8:30 am

National Anthem 8:55 am

Bars Loaded 9:00 am

**MEALS**: Seagraves Eagle Booster Club will be offering a $7.00 meal deal consisting of a hamburger, chips, candy bar and drink.

**HOTELS**: Lubbock is an hour away with hotels at a more expensive rate available in Seminole, Denver City and Brownfield.

**This will be a 4 platform meet!**

The top 12 lifters from each weight class will be taken in each division

Declarations for multi weight class qualifiers is Monday February 24th by 4 pm or they will be put in the higher weight class.

If your lifter is not going to lift at regional for any reason:

**IT IS YOUR RESPONSIBILITY TO INFORM ME SO THE NEXT LIFTER CAN BE MOVED UP!**

**This must be done by Wednesday February 24th, 2016 by NOON or your school will be charged the lifter fee!**

**SPECTATOR INFORMATION:**

- $5.00 admission for all spectators **No Spectators will be allowed on the Gym floor**

-Programs Available for purchase

**Platform Assignments (No flights)**

**Platform 1 Platform 2 Platform 3 Platform 4**

**97’s 123’s 165’s 198’s**

**105’s 132’s 181’s 220’s**

**114’s 148’s SHW’s 259’s**

Thanks for all that you do,

Jamie Humphries

Principal / THSWPA Director Region 1 Division 3

Seagraves Junior High School