

THSWPA REGION I 2025 REGIONAL CHAMPIONSHIPS



Big Spring Junior High School
624 E 6th Place
Big Spring, TX

ENTRY FEE \$50 PER LIFTER

**CHECKS PAYABLE TO
BSHS Powerlifting**



R1 REGIONAL MEET ITINERARY

**UNEQUIPPED EARLY WEIGH-IN
BIG SPRING ATC
707 E 11TH PLACE
3:00-5:00PM**

THURSDAY, FEBRUARY 27TH

FRIDAY FEBRUARY 28TH

SATURDAY MARCH 1ST

**UNEQUIPPED WEIGH INS-
1:00PM-2:00 PM**

JUDGES MEETING 2:30 PM/COACHES
MEETING 2:45 PM

**UNEQUIPPED- BARS
LOADED 3:00 PM**

**EARLY WEIGH-IN
DIVISION 1 3:00-5:00
(6A/5A)**

**DIVISION 1 WEIGH INS- 6:00-
7:30 AM**

JUDGES MEETING 7:30 AM/COACHES
MEETING 7:45 AM

**DIVISION 1- BARS
LOADED 8:30 AM**

**EARLY WEIGH-IN
DIVISION 2 3:00-5:00PM
(4A D1/D2)**

**DIVISION 2 WEIGH INS- 6:00-
7:30 AM**

JUDGES MEETING 7:30 AM/COACHES
MEETING 7:45 AM

**4A D2- BARS LOADED
8:30 AM**

**FLIGHT 1-4A D2
FLIGHT 2-4A D1**

PRICES FOR SPECTATORS: \$8 FOR ADULTS/ \$5 FOR STUDENT/CHILDREN

THERE WILL BE A FULL CONCESSION STAND ALL THREE DAYS

MEAL DEAL INFO: WILL BE SENT OUT ASAP

REGIONAL SHIRTS: FINE DESIGNS WILL BE ON SITE ALL THREE DAYS FOR REGIONAL SHIRTS.

ALL WEIGHS-INS (EXCEPT FOR UNEQUIPPED) WILL TAKE PLACE AT BIG SPRING JUNIOR HIGH

UNEQUIPPED: SINGLET HAS TO BE WORN TO COMPETE/ ALL ALLOWED ITEMS DURING THE COMPETITION ARE IN THE UNEQUIPPED RULEBOOK ONLINE @ THSWPA.COM