

# THSWPA 2024 STATE CHAMPIONSHIPS



COMERICA CENTER  
2601 AVENUE OF THE STARS  
FRISCO, TX 75034



ENTRY FEE \$35 PER LIFTER  
**CHECKS PAYABLE TO  
THSWPA**

PACKETS WILL INCLUDE

1 WRIST BAND (COACH) MORE THAN NUMBER OF LIFTERS UP TO 4 WRISTBAND MAX  
STATE QUALIFYING LIFTERS WILL RECEIVE WRISTBAND UPON BEING WEIGHED IN  
YOU MAY PURCHASE UP TO 2 WRAPPER WRISTBANDS PER TEAM @ \$10.00 EACH AT REGISTRATION  
PARKING FOR EACH DAY IS \$10

## STATE MEET ITINERARY

### TUESDAY NIGHT MARCH 12<sup>TH</sup>

WEIGH INS

1A/2A – 3:00 – 5:00

6A – 4:00 – 6:00

### WEDNESDAY MARCH 13<sup>TH</sup>

1A/2A – WEIGH INS AM 5:30 – 7:00

JUDGES MEET AT 6:45

COACHES MEET AT 7:15

1A/2A – COMPETITION STARTS AT 8:00

LUNCH BREAK 12-1

HOLDING / WARM-UP AREA OPEN @ 11:00

6A – WEIGH INS 11:00 – 12:30

6A – COMPETITION STARTS AT 1:30 PM

#### EARLY WEIGH INS 3A

3A SMALL – 3:00 – 5:00

3A BIG / UNEQUIPPED – 4:00 – 6:00

### THURSDAY MARCH 14<sup>TH</sup>

3A SMALL – WEIGH INS AM 5:30 – 7:00

JUDGES MEET AT 6:45

COACHES MEET AT 7:15

3A SMALL – COMPETITION STARTS AT 8:00

LUNCH BREAK 12-1

HOLDING / WARM-UP AREA OPEN @ 11:00

3A BIG – WEIGH INS 11:00 – 12:30

3A BIG / UNEQUIPPED – COMPETITION STARTS 1:30 PM

#### EARLY WEIGH INS 4A

4A SMALL – 3:00 – 5:00

4A BIG – 4:00 – 6:00

### FRIDAY MARCH 15<sup>TH</sup>

4A SMALL – WEIGH INS AM 5:30 – 7:00

JUDGES MEET AT 6:45

COACHES MEET AT 7:15

4A SMALL – COMPETITION STARTS AT 8:00

LUNCH BREAK 12-1

HOLDING / WARM-UP AREA OPEN @ 11:00

4A BIG – WEIGH INS 11:00 – 12:30

4A BIG – COMPETITION STARTS AT 1:30 PM

#### EARLY WEIGH INS 5A

5A SMALL – 3:00 – 5:00

5A BIG – 4:00 – 6:00

### SATURDAY MARCH 16<sup>TH</sup>

5A SMALL – WEIGH INS AM 5:30 – 7:00

JUDGES MEET AT 6:45

COACHES MEET AT 7:15

5A SMALL – COMPETITION STARTS AT 8:00

LUNCH BREAK 12-1

HOLDING / WARM-UP AREA OPEN @ 11:00

5A BIG – WEIGH INS 11:00 – 12:30

5A BIG – COMPETITION STARTS AT 1:30 PM